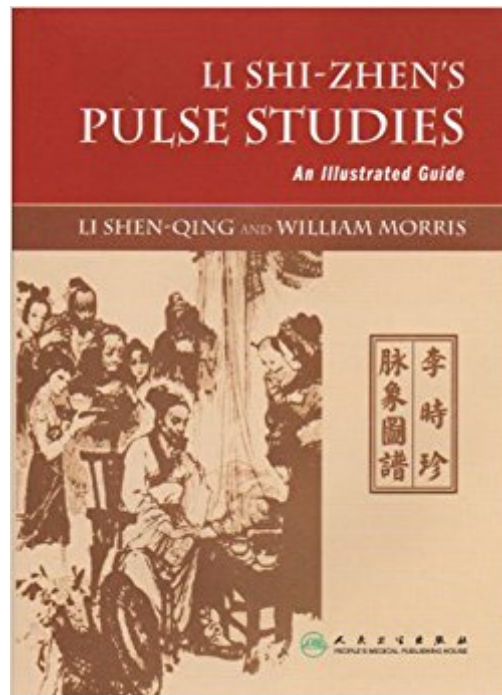




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# Li Shi-Zhen's Pulse Studies - An Illustrated Guide



## Synopsis

Authors Li and Morris have created a focused guide to pulses in the style of Li Shi-zhen, with an emphasis on a thorough understanding of Li Shi-zhen's 27 pulses and typical pulse combinations. The purpose of this book is to give readers a solid feeling for the shape, force, and speed of the pulse and what those various signs might indicate. With many illustrations.

## Book Information

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## Customer Reviews

I have been Will's student and his knowledge of pulses is amazing. While studying under him I was constantly blown away at the depth of information he could obtain from a person's pulse. His knowledge is far beyond what I learned from any of my other acupuncture teachers regarding pulses. You are bound to learn much that will improve your clinical treatments from Will if you can wrap your brain around the information. ~G. Hartley  
I know the author and commenter, I study pulse all my professional life, and this book is very interesting because it describes various functions of the pulse, not easily found as background for a practitioner. ~Marco Visconti

Forward  
Pulse diagnosis is essential to quality Chinese medicine. This point of view is emphasized by the substantial presence throughout Han Dynasty literature such as the Yellow Emperor's Classic, Shang Han Za Bing Lun and the Pulse Classic. Pulse diagnosis did not always enjoy such an exalted status in the practice of Chinese medicine. Xu Dachun, in 1757, lamented the decline of the use of pulse diagnosis in clinical practice, calling for a more serious level of effort.

Â Zhong Zhong-jing, Wang Shu-he and Li Zhi-zhen created a wellspring from which practitioners throughout history receive knowledge and wisdom about the pulses. Superior physicians study their texts regularly, year after year. Through review and reconstruction of pulse diagnosis literature, an alignment can be achieved with the historical dialog, one that refines and informs the development of current practice. Â Fortunately, there is a Renaissance in the contemporary practice of pulse diagnosis. This book is an effort to support that movement. It provides a depth of knowledge about the methods of Li Zhi-shen. Mastery of this content is essential for basic and advanced practice. Â This book is based on Li Shi-zhen's, Bin-hu's Pulse Studies. Pulses are presented using ancient and contemporary illustrations with narratives. The illustrations focus on the waveforms of each pulse image. Simple pulse images are represented with a single pulse wave. Concurrent pulses signify two sets of waves. The length of the wave is one respiration. The width indicates the arrival rate where rapid pulses have thinner wave, while slower pulses have a wider wave. The placement of the pulse wave represents the level where the pulse is located. Â Contents include illustrations of 27 single pulses, 112 concurrent pulse, 10 strange pulses and 27 pulse monographs. The pulse material is discussed in practical terms with 9 Qing Dynasty cases written by Su-pu and compiled in 1936 by Qiu Qing-yuan in *A Compendium of Rare Medical Books*. With the addition of a moderate pulse, there are 14 pairs of opposite pulse images presented in this book. The pulse is divided into six categories: superficial, deep, slow, rapid, deficient and excessive. This makes it possible to determine differences and similarities for pulses within the same category. Â It is hoped that this book contributes to the furthering of the resurgence in the interest of pulse diagnosis, and the practitioners who read it find inspiration and empowerment with respect to their attempts to relieve the suffering of their patients. Â Translational Standards Â This book is a compilation of primary and secondary sources along with clinical experience. It is designed for reader application rather than precise representation of original literature, and as such, it primarily connotative. Â Denotative, or explicit translation of meaning, while accurate as a representation of the statements in the language of departure, can lead to a reading experience that is stilted and unnatural for the language of arrival. This work employs a limited connotative approach where the focus is on meaning and reading in the language of arrival. That is, this the authors seek to connect the knowledge to the semantic, deep-structure of expressions as they relate to the language of arrival (1). Â Denotative translations are used in this work in order to retain the integrity of the underlying concepts while the connotative methods are used for the purposes of clear reading. The integrity of the ideas in the language of departure is ensured through the collaborative and participatory approach to translation with experts on the Golden Bridge with respect to practice in both languages

and expert editors on both sides of the Golden Bridge with respect to language. The complexities of term sets and ambiguities are solved through the use of glossaries. The People's Medical Publishing House and Wiseman Chinese medical glossary are used in combination with standards from the World Health Organization (2, 3). The contributions conveyed here are limited to a contemporary pragmatic application of the literature as received. This is not an attempt to seek historical meanings intended for an original audience. Rather, meaning is expected to be realized in the process of contemporary practice (4).

Li Shen-qing and William Morris August 2010

Great illustrations. You will need a background in taking pulses and Chinese Medicine to understand.

Product as described. Excellent shipping and quality. I am glad to have it.

Great diagrams. Organized well. I just received it so haven't gotten through it all, but would recommend for any acupuncturist that has learned pulse diagnosis with the Li Shi-Zhen method popularized by Blue Poppy Press translations.

I know the author and commenter, I study pulse all my professional life, and this book is very interesting because it describes various functions of the pulse, not easily found as background for a practitioner.

I have been Will's student and his knowledge of pulses is amazing. While studying under him I was constantly blown away at the depth of information he could obtain from a person's pulse. His knowledge is far beyond what I learned from any of my other acupuncture teachers regarding pulses. You are bound to learn much that will improve your clinical treatments from Will if you can wrap your brain around the information.

Easy to use and illustrated pulses great book for TCM

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